

Name/Topic	Target Audience	Age/Developmental Level	Link/ How To
NASP Talking to Children About Covid 19	Parents	All	https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource
Talking to your kids about Coronavirus	Parents with kid resources/videos	PreK	https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus
Feelings Chart - Weekly (morning/afternoon/evening)	Students	Elementary and up	https://www.rewardcharts4kids.com/wp-content/uploads/2014/04/weekly-feelings-chart-2-1.jpg
Coronavirus Social Story	Students w/ASD	?	https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf
Square breathing exercise	Students	elementary and up	https://www.youtube.com/watch?v=YFdZXwE6fRE
Parent Resource Guide	Parents/P age 8 is the key page that includes tips for SEL at home	All	http://www.casel.org/wp-content/uploads/2016/06/schools-families-and-social-and-emotional-learning.pdf
My Story about Pandemics and Coronavirus Social Narrative by Carol Gray	Students	Elementary and up	https://carolgraysocialstories.com/2020/03/13/social-story-by-carol-gray-pandemics-and-the-coronavirus/pandemics-and-the-coronavirus-2/
Supporting Mental Health at Home	Parents	All	https://www.nasponline.org/resources-and-publications/resources-and-podcasts/mental-health/prevention-and-wellness-promotion/supporting-childrens-mental-health-tips-for-parents-and-educators

What-to-Do Guides for Kids (Inexpensive workbooks designed for parents to implement with children re: social/emotional behaviors	Parents	Elementary	https://www.amazon.com/What-When-Worry-Much-What/dp/1591473144/ref=redir_mobile_desktop?ie=UTF8&aaxitk=KpT.OuW9zEqUsMgvQKrhcA&hsa_cr_id=3006716170101&ref=sb_s_sparkle
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